#### What is the All Event Ticket?

With the All Event Ticket, you can take part in one competition at each event of the season. You can choose the distance. The only exceptions are the 34 km and the 17.5 km at the Wörthersee (incl. SUP accompaniment) as well as the Swim-Run-Swim competition at Längsee.

# Before the event

## How can I register?

Online registration for the individual competitions is possible up to two days before the event. Registration for the All Event Ticket is only possible online.

+ Links

Late registration for the individual competitions is possible on site in the race office up to 1 hour before the respective competition.

#### Is late registration possible?

Yes, late registration is possible up to 1 hour before the start of the respective distance at the race office.

#### What are the current water temperatures?

Link zu <a href="https://www.wassertemperatur.org/oesterreich/kaernten/">https://www.wassertemperatur.org/oesterreich/kaernten/</a>

#### Where can I find the schedule for the event day?

You can find the schedule under the respective event, also as a pdf for download.

## How does timekeeping work?

Timekeeping works by means of a chip, which you will receive with your starting documents at the event in the race office. It is triggered at the start and when you cross the finish line.

## Where can I stay overnight?

You can find links to the individual regions and accommodation offers at the individual events.

#### Are there toilets and shower/changing facilities on site?

You can find information on this under the schedule of the respective event.

## How do I get to the event site?

You will find the address of the event site in the schedule of the individual events.

#### Where can I find the race office?

It is located directly at the event site.

#### What does Allstars mean?

Allstars (Everyman:woman) is our name for the 500 m distance for adults.

## Where can I find the details of the liability waiver?

The release of liability was sent to you by e-mail when you registered or you can download a pdf here. Link to Pdfs

#### Is there any information on the route?

You can find details about the routes in our videos under the respective events. You will also receive more information on the day of the event at the race briefing.

# Day of the competition

## Do I have to register on site on the day of the event?

Yes, if you are already registered, you only have to register at the race office (check-in). You will also receive your start bag here.

If you are not yet registered, you can register directly at the race office.

## When do I have to be on site at the latest?

You should be at the race office for registration (check-in) at least 1 hour before the competition (late registration deadline).

## Where can I park?

The parking options are noted in the schedule of the respective event.

## When do I have to use a buoy?

For 250 m (Kids) and 500 m (Kids and Allstars) the swimming buoy is mandatory. For all other distances, you can swim with or without a buoy.

## I have forgotten my buoy, what do I do?

You can borrow a buoy for a deposit of € 20.00 at the race office.

#### Is neoprene allowed?

If the water temperature is below 18 degrees, wearing a neoprene suit is mandatory. If the water temperature is between 18 and 24.5 degrees, wearing neoprene is permitted. At a water temperature of 24.5 degrees or more, neoprene is prohibited.

## Where do I have to wear the chip?

The chip for timekeeping must be worn on the left or right leg, above the ankle.

## Do I have to wear a swimming cap?

Yes, you must wear the bathing cap provided by the organizer.

#### Is it possible to bring my own food?

Of course; on the long distances (10 km and more) you can also leave your own food at the official refreshment station.

#### Where can I leave my clothes or belongings during the competition?

There is an athletes' area at every event where you can leave your belongings, but we assume no liability.

## Where and when does the competition briefing take place?

You can find the details in the schedule of the respective event.

## Is there a cut-off time?

Yes, the cut-off time for each event is noted in the schedule.

#### How does the swim start take place?

The swim start takes place from the water and is a mass start.

# After the finish line

## Will there be refreshments after the competition?

A refreshment station with drinks and snacks is set up for the athletes in the finish area of the event site after the finish.

## How do I find out the results of the competition?

A results list for each competition (men and women) will be posted on site at the end of each competition. Later you will also find a link on our homepage under the respective event or directly at: my.raceresult.com

An age group evaluation is available online.

## Is there a separate classification for swimmers with and without neoprene?

No, there are no separate classifications.

## Where does the award ceremony take place?

The award ceremony (per competition and for men and women) will take place at the event site. The award ceremony for the overall ranking (men and women) will also take place at the last AASC station.

## Do I get a medal?

Every finisher receives a medal from us when they cross the finish line.

## Do you have any feedback for us?

Your wishes, suggestions and ideas for improvement are always welcome. You are welcome to send us a message to office@alpenadriaswimcup.at.